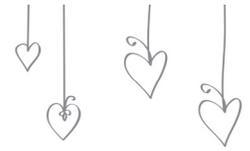


DEAR LORD, How can we be of service?



THINGS TO DO FROM HOME

1. Send notes to family members. Young parents need encouragement. So do singles, elderly, home bound and teens, too! Send a note of affirmation or hope, or tell a little story, share a recipe or picture.
2. Do a little joy campaign in your neighborhood, apartment complex, or around your block. Make posters with encouraging words on them, and deliver them by ringing the doorbell and running away!
3. Do a little clean up in your yard or a neighbor's yard for spring.
4. Draw or paint on paper cups and then plant flower or vegetable seeds in them with potting soil. Leave them out for neighbors to pick up or drop off.
5. Take some time to record a children's story on your phone to send to family and friends for their children to hear.
6. If you play an instrument or if someone in your family does, record a concert to share or take to the front porch/ steps to play a concert for neighbors.
7. Take some time to call parish members to find out what they love about your parish. Take notes, and compile a little e-book to be shared! A great project for youth or young adults to do!
8. Write notes or make cards for hospital and nursing home workers. Create thank yous, words of encouragement, or just a happy picture!
9. Invite young adults you know to offer a virtual class for your parish community on using social media, virtual meeting platforms, and even sending text messages and email!
10. Seniors in the parish: host a virtual class on how to file taxes, deal with unemployment or how to make the most of finances. Young adults would love this as well as any other "how to" videos! (Cooking, changing a tire, dinner on a dime, etc.)
11. Do a mini secret service in your homes. Draw names at the beginning of the week, and do something for your person every day. (Examples: do their chores, make them lunch, etc.)
12. Make a prayer banner and pray each day for people who are suffering, lonely, worried, or sick. (Supplies: 36 inches of twine, string, yarn or ribbon; 1x3 inch pieces of paper; pens; tape or stapler) At mealtime, write people or things to pray for on the paper. Include these in your meal prayer and then tape or staple them onto the twine.
13. Have a family/friend meeting where you talk about how you think different people are experiencing this crisis: elderly, children, parents, teachers, doctors, nurses, sick patients, pastors, catechists, youth ministers, business owners, people who are poor, the homeless, etc. After the discussion, talk about one thing you can do for one of these groups. Make a plan to do it, and keep your plan in prayer as it unfolds.
14. Search out Go Fund Me and other crowd sourcing fundraisers to help support medical workers or supply them with treats. Or, create your own fundraiser for local facilities, hospital or nursing home!
15. Give those walking through your neighborhood an art gallery experience, and turn your windows into artwork. Look up a recipe for washable window paint and create your own masterpieces!

